



Arribas Sintra Hotel

since 1966

MENU BAR

DESDE FEVEREIRO 2025 - SINCE FEBRUARY 2025

IVA INCLUÍDO - VAT INCLUDED

Para Começar

Couvert Degustação de pão, manteiga e azeite	€3.50
Creme de Abóbora Abóbora assada com tosta de queijo fresco e crumble de sementes	€3.50
Canja do Mar caldo de mariscos com lascas de peixe, mariscos salteados	€5.00
Pérolas de Grão Com Maionese de Tremoço	€8.50
Espetos Asas de Frango Molho BBQ com pickle de lima caramelizada	€8.50
Delícias de Queijo Camembert panado com ervas e ketchup de amoras	€8.00
Folhas e Raízes Com hummus de beterraba	€8.00
Camarão Frito Com maionese de sumac	€10.00

Clássicos

Salada César Folhas de romana, molho César, lascas de parmesão, croutons, filetes de anchovas brancas, cubos de frango	€14.50
Opção: camarão	€16.50
Salada Queijo e Tomate Queijo fresco temperado com zaatar, tomates marinados e pão crocante	€14.00
Hamburger Pão de brioche, novilho, queijo cheddar, bacon, maionese de alho assado, alface, tomate, cebola caramelizada	€14.00
Hamburger Vegetariano Pão brioche, tomate, romana com maionese de sirach, tofu panado em panko, pickle de cebola roxa	€13.00

Bowls

Oriental Salmão marinado, arroz temperado, feijão edamame, abacate, manga, tomate cherry, wakame com sésamo, pickle de galanga, pepino e molho de ponzo	€16.50
Coral Legumes assados, espinafres baby, camarão com harisa, quinoas, alface do mar	€16.50
Mediterrânea Folhas verdes, cevada com curcuma, beterrabas assadas, gomos de laranja, tomate cereja confitado, atum braseado, vinagrete de mostarda e mel	€15.00
Fumada Massa de lentilhas, lascas de lírio assado, tomate cereja, folhas da quinta e frutos secos crocantes	€15.00

Pizzas

Margarita Molho de tomate, queijo mozzarella	Pepperoni Molho de tomate, queijo mozzarella, chouriço picante, azeitonas, cebola roxa, rucula, oregão	Legumes da Horta Molho de tomate, queijo mozzarella, seleção de legumes assados, pesto, pétalas de flores	Camarão Molho de tomate, queijo mozzarella, camarão, cebola roxa, tomate cereja, coentros
€14.50	€15.00	€14.50	€16.50

No Pão

Tosta Mista Pão saloio, fiambre, queijo limiano, manteiga	€7.50
Tosta de Atum Pão saloio, atum de conserva, queijo limiano, maionese, ovo cozido e cebola caramelizada	€9.50
Sandes Carne Fumada Presas de porco ibérico confitadas e fumadas, tomate ralado, iceberg	€13.00
Prego Arribas Bife do lombo, mostarda antiga, pickles de cebola roxa, queijo da ilha e alface	€15.00
Wrap de Frango Folha de tortilha, frango panado, queijo cheddar, romana e tomate	€14.00

Tábuas

Madeira Seleção de carnes fumadas, pickles caseiros, azeitonas marinadas e pão saloio	€18.50
Curas Seleção de queijos nacionais, compota de abóbora, frutos secos e pão saloio	€18.50
Natura Seleção de hummus, pickles caseiros, creme de queijo fresco, azeitonas e pão saloio	€15.00

Acompanhamentos

Salada do Chef	Legumes da Horta	Batata Frita	Batata Doce Assada	Arroz Basmati
€6.00	€6.00	€6.00	€5.00	€5.00

Sobremesas

3 Chocolates	Bolo de Cenoura	Cheesecake
€4.00	€4.00	€4.00

To Start

Couvert Selection of bread, butter and olive oil	€3.50
Pumpkin Cream Roasted pumpkin with fresh cheese toast, seed crumble	€3.50
Sea Broth Seafood broth with fish flakes, sautéed shellfish	€5.00
Chickpea Pearls With upin mayonnaise	€8.50
Chicken Wings Skewers BBQ sauce with caramelized lime pickle	€8.50
Cheese delights Breaded camembert with herbs and blackberry ketchup	€8.00
Leaves and Roots With beetroot hummus	€8.00
Fried Shrimp With sumac mayonnaise	€10.00

Classics

Caeser Salada Romaine leaves, Caesar dressing, parmesan shavings, croutons, white anchovy fillets, chicken cubes	€14.50
Option: Shrimp	€16.50
Cheese & Tomato Salad Seasoned fresh cheese with za'atar, marinated tomatoes, crispy bread	€14.00
Hamburger Brioche bun, beef, cheddar cheese, bacon, roasted garlic mayonnaise, lettuce, tomato, caramelized onion	€14.00
Vegetarian Burger Brioche bun, tomato, romaine lettuce with sriracha mayo, panko-breaded tofu, pickled red onion	€13.00

Bowls

Oriental Marinated salmon, seasoned rice, edamame beans, avocado, mango, cherry tomatoes, sesame wakame, galangal pickles, cucumber, and ponzu sauce	€16.50
Coral Roasted vegetables, baby spinach, shrimp with harissa, quinoa, sea lettuce	€16.50
Mediterranean Green leaves, turmeric barley, roasted beets, orange segments, confit cherry tomatoes, seared tuna, mustard-honey vinaigrette	€15.00
Smoked Lentil pasta, roasted amberjack flakes, cherry tomatoes, farm leaves, crispy nuts	€15.00

Pizzas

Margarita Tomato sauce, mozzarella cheese	Pepperoni Tomato sauce, mozzarella cheese, spicy chorizo, olives, red onion, arugula, oregano	Farm Vegetables Tomato sauce, mozzarella cheese, roasted vegetables, pesto, flower petals	Shrimp Tomato sauce, mozzarella cheese, shrimp, red onion, cherry tomatoes, cilantro
€14.50	€15.00	€14.50	€16.50

Bread

Ham & Cheese Rustic Bread, Ham, Limiano Cheese, Butter	€7.50
Tuna Toast Rustic bread, canned tuna, Limiano cheese, mayonnaise, boiled egg, and caramelized onion	€9.50
Smoked meat Confit and smoked Iberian pork shoulder, grated tomato, iceberg lettuce	€13.00
Steak Sandwich Tenderloin steak, whole grain mustard, pickled red onion, island cheese, and lettuce	€15.00
Chicken Wrap Tortilla, breaded chicken, cheddar cheese, romaine lettuce, and tomato	€14.00

Boards

Madeira Selection of smoked meats, homemade pickles, marinated olives, rustic bread	€18.50
Curas Selection of national cheeses, pumpkin jam, dried fruits, rustic bread	€18.50
Natura Selection of hummus, homemade pickles, fresh cheese cream, olives, rustic bread	€15.00

Side Dishes

Chef's Salad	Farm Vegetables	French Fries	Roasted Sweet Potato	Basmati Rice
€6.00	€6.00	€6.00	€5.00	€5.00

Desserts

3 Chocolates	Carrot Cake	Cheesecake
€4.00	€4.00	€4.00